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You can also read the newsletter online on SNGPL's website or scan the QR Code to access it on your smart device.
EDITIORAL NOTE

Taking our services to new heights, SNGPL recently began construction of LPG (Liquefied Petroleum Gas) Air Mix Plant at Gilgit. The project, expected to be completed in 18 months period, will prove to be a game-changer for the region as it will not only serve the energy needs of the region but will also stop deforestation in the area. Due to absence of any alternate fuel, the locals are forced to use wood fire to fulfill their needs. LPG is being used domestically as well as commercially in the country as an alternate fuel. The aim to install the LPG Air mix plant was to curb rapid deforestation in the hilly areas of Gilgit where the domestic consumers are using LPG and wood to meet their domestic energy needs for heating and cooking requirements. Deforestation is one of the main reasons of climatic change in the country resulting in land sliding and flash floods, thus, posing danger to the locality.

Sui Northern Gas is utilizing digital media in a very extraordinary way as part of its ongoing Winter Awareness Campaign. Any awareness campaign when done through public figures or celebrities, is always more effective. From digital commercials to animations, the digital awareness campaign is being very well received by the audience. In order to ensure that the campaign achieves its objectives, Sui Northern recently joined hands with well-known vlogger Junaid Akram for a vlog on the gas crisis. In the video, Junaid Akram talked about various perceptions that people have over the period of time wrongfully associated with Sui Northern Gas. In his video, he also brings in light the consumers’ attitude towards natural gas consumption and advised people to use gas-saving gadgets like Gas Saver Cone and Geyser Timer Device during winter. The video was uploaded on Facebook and YouTube and went viral in the blink of an eye. The video successfully achieved its goals i.e. to bring awareness among our consumers.

Earlier this month, Sui Northern Gas signed an agreement with UBL (United Bank Limited) for providing centralized GIDC collection management services with the prime objective of immediate funds transfer and prompt reconciliation at SNGPL Head office. The agreement was signed by Amer Tufail, Managing Director SNGPL and Farooq A. Khan, Group Head Corporate and Investment Banking UBL.

Since the Coronavirus outburst, the whole world has turned topsy-turvy. The second wave has started and Pakistan has been seeing a steady rise in Coronavirus cases. The number of patients is on a continuous rise. The second wave of Coronavirus is said to be more lethal as compared to the first surge. Federal Government has announced strict measures to prevent spread of pandemic. As such the Company Management has also implemented various SOPs including mandatory wearing of face masks, use of hand sanitizers, restrictions on handshakes and social gatherings etc. We also request the Company employees to cooperate with the Management and strictly abide by the directives and to ensure the same within their social circles. It is a temporary situation which, by the will of almighty Allah, will be over soon but we need to be extraordinarily careful to come out successfully from this challenge.

(Syed Jawad Naseem)
Chief Editor
“There is a way to do it better – find it.”
- Thomas Edison

Opportunities lie beneath uncertainty and solutions are always ready as soon as a challenge emerges. We only need to be able to look beyond the self-imposed impossibilities. All it needs is to have an analytical and creative mindset with the capability to fearlessly take calculated risks. It happens every time we are faced with the next-to-impossible challenges at SNGPL. Similar was the situation when the Federal Government tasked SNGPL for an all-out UFG Reduction Plan.

SNGPL Management with the help of highly capable and skilled manpower successfully prepared a UFG Reduction Plan and the same was approved by Economic Coordination Committee (ECC). What seemed to be an extremely challenging job was executed by the Company in true letter and spirit. As a result of it, the Company achieved significant success during the Financial Year 2020-21. I would like to share a few details of what we have achieved. SNGPL managed to reduce UFG losses and volumetric losses by 1.60% and 1,576 MMCF against targets of 1.25% and 1,425 MMCF respectively. The Company spokesperson said that this translates into financial savings of Rs. 755 Million.

It is also pertinent to mention that average monthly gas losses in High UFG areas have been reduced by 40% from 1,413 MMCF to 856 MMCF with the help of law enforcement agencies. The Company removed 1,008 illegal taps all such areas while lodging 104 FIRs. The Company has also increased vigilance and consequently 14,488 gas theft cases were detected while special raids resulted in booking of 404 MMCF or Rs. 472 Million against consumers of various categories. While making best use of technology, SNGPL also detected 236,808 aboveground and 7,889 underground leakages through laser leak detectors.

Sui Northern Gas has also finalized its future course of action to achieve the annual targets. Some of the major initiatives include full coverage of all industrial consumers through SCADA System. The company has planned to install 200 cyber locks on suspected industrial consumers to restrict any possible unauthorized access. Survey for detection of underground leaks in leakage prone regions of Lahore and Peshawar is also underway. The Company aims to achieve all these targets by the end of January 2021. In addition, the Company will be making raids for special monitoring of suspected consumers. Micro monitoring of losses at Regulating Station level; digitization of distribution network; and segmentation of distribution network in large cities for pressure optimization is also part of the Company’s plan.

During recent times, I have always been emphasizing to promote culture of Research and Development (R&D) within the Company so that we can prepare well-researched solution for the existing challenges while at the same time forecasting issues that may arise in near or far future. This is need of the time and we must prepare ourselves accordingly in order to serve our valued consumers in the best possible way.
LPG AIR MIX PLANT AT GILGIT

Irfan Baig  Synthetic Natural Gas (SNG) or LPG Air mix plays a vital role in meeting the energy needs of nations around the world. SNG is a blend of Liquefied Petroleum Gas (LPG) and air that provides a direct replacement for natural gas. The ratio of LPG to air will vary depending on the Wobbe-Index required to match the energy value of the natural gas it is replacing. LPG Air mix is technology in which LPG is supplied through bowsers at plant site where it is stored in LPG storage tanks. LPG is then vaporized and mixed with air to match the properties equivalent to natural gas. The LPG Air mix or SNG is then supplied to the consumers through pipeline distribution network.

Schematic diagram of LPG Air mix plant
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The Vaporizer, Air Compressor, Storage Tanks and SNG Blending System are main components of LPG-Air mix plant. LPG Air mix technology is an established technology and is currently in use in Japan, South Korea, Chile, Argentina, Italy, Brazil, Mexico, Abu Dhabi, Oman, USA and Pakistan. In Pakistan, LPG Air mix plants are operating successfully and supplying gas to the respective consumers through pipeline distribution network at Gwadar, Noshki, Kot Ghulam Muhammad and Sorab. Several LPG Air mix plants are successfully being operated in the industrial sector to address natural gas shortage issue in the Country.

LPG (Liquefied Petroleum Gas) is being used domestically as well as commercially in the country as an alternate fuel. The intent to install LPG Air mix plant was to curb rapid deforestation in the hilly areas of Gilgit where the domestic consumers are using LPG and wood to meet their domestic energy needs for heating and cooking requirements. Deforestation is the main reason of climatic change in the country resulting in land sliding and flash floods thus posing danger to the locality. The salient features of the project are as follows:

- LPG Air mix will be sold to the consumers at highest tariff slab for supply of Natural Gas to domestic consumers. Tariff may be changed by the Government from time to time.
- UFG (if any) in case of LPG Air mix supplies would be ring fenced and will be borne by the respective consumers of LPG Air mix plant.
- OGRA will include the cost of LPG Air mix in uniform cost of gas formula in order to compute the weighted average cost of gas (WACOG).
- The Company will get guaranteed rate of return from OGRA as per ECC directions.

The Economic Coordination Committee (ECC) of the Cabinet approved the project for installation of LPG Air mix plants at Gilgit for provision of SNG to approximately 25000 domestic consumers. The capacity of LPG-Air Mix Plant at Gilgit is 300 MMBTU/Hr. This will be the first project of its kind in the history of SNGPL to supply gas at such a high altitude in Pakistan.

SNGPL has enough technical capabilities to operate LPG Air mix plants and to lay network distribution. The Company has already purchased LPG Air mix plant equipment and land at Nomal Road, Konodas, Gilgit after getting due approvals from BOD. The contractor has started civil construction-related activities at the site for the installation of LPG Air Mix plant at Gilgit. LNG-LPG Department along with Civil Department is supervising the construction activities. The expected completion period of the project is 18 months.

The writer is Chief Engineer at LNG/LPG Department
The 41st meeting of Risk Management and UFG Control Committee of Directors held on 10 November 2020 at Camp Office, Islamabad. Corrosion Control Department took the opportunity to display the equipment being used for “Underground Gas Leakage Detection” and briefed regarding the operation of Laser-based Gas Detection systems. The equipment included the following:

• Portable/handheld laser-based gas leakage detectors (for Sub-surface leakage detection survey)
• Vehicle mounted leak detection equipment (for surface leakage detection survey)
• Carpet probe (for surface leakage detection survey)
• Hi-flow sampler equipment (for determining the rate of gas leakage)

Asif Akbar Khan, SGM (ES) and Ahmed Jawad Khan, Incharge (Corrosion Control) briefed the Chairperson, Directors and Management about the working principle, salient features and field application of this equipment. They also gave a practical demonstration of the equipment. They further apprised Directors and Management about in-house development of carpet probes for increased survey in Lahore and Peshawar Regions. Different questions of the esteemed guests, regarding equipment and Gas leakage detection were adequately responded by Incharge, Corrosion Control.

The available Laser Gas Leak Detectors have been modified with the attachment of carpet probes. With the introduction of carpet probes, the survey speed has been doubled at a very low cost. The carpet probe has been designed and developed by the Corrosion Control Center team headed by Farrukh Haider, Executive Engineer (Corr.) by utilizing in-house resources, knowledge and skill. The main components used in the development of the carpet probe included an additional membrane pump, 3/2 pneumatic valve/selector switch, purging valve, power bank, pneumatic circuit and hydrophobic filter, etc.

Chairperson, Board of Directors, Roohi Raees Khan and Managing Director Amer Tufail acknowledged the efforts made by Corrosion Control Department in detecting underground gas leakages by using the latest equipment/technology. She highly appreciated Ahmed Jawad Khan and his team for their dedication in the field of research and development.

AGRO-WASTE COMMUNITY ENTERPRISE
PROVISION OF ALTERNATE ENERGY FOR HOUSEHOLDS AND SMALL BUSINESSES

Household and commercial gasifiers were displayed at SNGPL regional office Islamabad during the 41st meeting of Risk Management and UFG Committee of the Board of Directors on 10 November 2020. The Chairperson and the Directors witnessed the working of the gasifier with keen interest. The directors were briefed about the working of the gasifier with different types of biomass. It was advised to devise a strategy for the commercialization of this gasifier for more effective usage.

SNGPL in its CSR initiatives supported WWF for utilizing agro-waste gasifiers to meet energy requirements in areas where natural gas is not available. The primary purpose of the gasifier was to build the capacities of rural communities and culinary vendors on alternate cooking energy solutions through the dissemination of two types of gasifiers; i) Household Gasifier and ii) Semi-Commercial Gasifier.

The household gasifier was designed for residential cooking requirements whereas semi-commercial model of gasifier was fabricated to fulfill the cooking energy requirements of medium to large culinary business and commercial kitchens.

Secondary objective was to build the capacities of local technicians on the fabrication of household and semi-commercial gasifier. The trained cadres of technicians facilitate fabrication of 850 household and 70 semi-commercial gasifier units at local level and their further dissemination among the general public.

Demonstration of agro-waste gasifiers was carried out. At least 850 gasifier units are distributed among rural families in selected areas of Punjab, Khyber Pakhtunkhwa and Gilgit-Baltistan. At least 31 training workshops were conducted for rural communities in selected areas of the project in which 44 local fabricators in different geographical regions were trained. More than 600 students were given awareness and basic operational training of household gasifiers in 05 Girls' schools of rural areas.

Wider dissemination of semi-commercial gasifier among commercial cooking entities and the general public was carried out in different areas through 2 training workshops by fabrication of 20 semi-commercial units for a practical demonstration.
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The writer is Executive Engineer Corrosion.
The world of media had never changed this rapidly as it did during the last two decades. From the very conventional print and radio to electronic media’s expansion and then taking new digital shapes with every passing day. With this, we have seen the rise of very unconventional celebrities who enjoy a huge fan following. An awareness campaign is always more effective when done through such public figures.

Sui Northern Gas has utilized digital media in a very extraordinary way during the ongoing awareness campaign. From customized digital commercials to animations for digital media, the digital awareness campaign has been very well received by the audience. Adding another feature to it, Sui Northern joined hands with renowned Vlogger Junaid Akram for a Vlog and Podcast on the gas crisis. In 11 minute long video, Junaid Akram talked at length about various perceptions that people have over the period of time wrongfully associated with Sui Northern Gas. He also told the audience about the increasing demand and supply gap of natural gas in Pakistan. The video also discussed consumers’ attitude towards natural gas consumption and advised people to use gas-saving gadgets like Gas Saver Cone and Geyser Timer Device.

The video uploaded simultaneously on Facebook and YouTube went viral in literally no time thus inviting comments and engagements from all over the Country. Usually, every issue raised by Junaid Akram becomes the talk of the town and it was same in the case of this video. The video successfully achieved its goals as people were seen realizing wrong consumption patterns as well as asking for details about the gas saving gadgets.
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Punjab Minister for Industries and Trade Mian Aslam Iqbal visited Amer Tufail, MD SNGPL at his office.
AGREEMENT WITH UBL FOR GIDC COLLECTION

SNGPL finalized arrangements with UBL for providing centralized GIDC collection management services with the prime objective of immediate funds transfer and prompt reconciliation. A ceremony to sign GIDC collection agreement held at SNGPL Head office on 9 November, 2020. The agreement was signed by Amer Tufail, Managing Director SNGPL and Farooq A Khan, Group Head Corporate & Investment Banking UBL. Faisal Iqbal (CFO), Aamir Latif GM (Treasury) and other senior officials from SNGPL and UBL were present on the occasion.
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INAUGURATION OF BOARD ROOM AT ISLAMABAD

Chairperson SNGPL Board of Directors Roohi Raees Khan recently inaugurated Board Room at MD Camp Office in Islamabad. The event was attended by Managing Director SNGPL Amer Tufail, Secretary Finance Naveed Kamran Baloch and BOD members including Sajid Mehmood Qazi, Akhtar Ali, Afaan Aziz, and Dr. Sohail Razi. The Senior Management of the Company was also present on the occasion.
In response to SNGPL’s Petitions filed with the Oil and Gas Regulatory Authority (OGRA) in respect of the determination of “Review of Estimated Revenue Requirement” (RERR) for FY 2020-21 and “Motion for Review” against DFRR FY 2018-19, the Authority conducted virtual public and in-house hearings on November 26, 2020 respectively.

Authority and other OGRA’ Officials attended hearings through Zoom application from OGRA office, Islamabad while SNGPL team attended from SNGPL’s Head Office Board Room. SNGPL team was led by the Managing Director Amer Tufail, while Chief Financial Officer and Senior Management of the Company also participated in the hearings.

The virtual public hearing started with the recitation of the Holy Quran and then the Registrar OGRA read out the rules and procedure for the hearing. The Chairman OGRA requested SNGPL to present its Revenue Requirement for FY 2020-21.

After the opening remarks by the Managing Director SNGPL, Amer Tufail, the Chief Financial Officer and General Manager (Regulatory Affairs) delivered a detailed presentation on Company’s Petition for RERR FY 2020-21, highlighting the main points of the Company’s revenue requirement. The grievances raised by the Company in its Motion for Review against DERR FY 2020-21 were also presented before the Authority in detail as the same were part of the RERR FY 2020-21. The Authority raised various queries that were responded amicably.

After the presentation by SNGPL, the Registrar OGRA, with the permission of the Chairman, requested the interveners to present their point of view on the revenue requirement of SNGPL for FY 2020-21. Various interveners including nominees of different industries & consumer groups presented their input on the Revenue Requirement of the Company. Both, the Authority and the Management of SNGPL, appreciated the suggestions and concerns of the interveners while assuring them of their full cooperation. The Public hearing was concluded with the vote of thanks by the Chairman, OGRA.

After the conclusion of the virtual public hearing, the Authority started the proceedings of virtual hearing on Company’s Motion for Review against DFRR FY 2018-19. A detailed presentation was delivered by the Chief Financial Officer, along with the General Manager (Regulatory Affairs) and General Manager (UFGC-South). The Authority raised various queries that were responded appropriately.
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E-KACHEHRI
ULTIMATE SOURCE TO CONNECT WITH CUSTOMERS

Media Affairs  E-Kachehri, the ultimate replacement of 'Khhuli Kachehri', has proved its effectiveness among our consumers by solving their problems. E-Kachehri, since Coronavirus lockdown, has been an extremely helpful source to interact with our consumers. To facilitate them through rapid solution of their complaints, e-Kachehris are conducted in all the regions where the Regional Management attends complaints through Skype calls. Once conducting e-Kachehris in Regions every month, an e-Kachehri is conducted where Amer Tufail, Managing Director SNGPL, attends e-Kachehri at the Head Office. The caller is asked to share their name, CNIC number, Consumer ID or Application number and contact number to processes the complaint.

With the help of SNGPL’s Official Social media pages, the consumers are informed in advance about the region, date and time of e-Kachehri to be held, so that they can take part in e-Kachehris via Skype call and get the assistance they need.

Activity
Sarah Ali
Performance Management is a process that aligns an employee’s goals with organizational goals. It is the essence of good performance management that it helps in improving the skills of an employee to do their job better. Performance can be measured fairly and transparently across the organization for rewarding individual and team effort. A good digitized performance management system helps with skill development and training. This ensures high performers can be identified easily for development and succession, while poor performers can be managed.

In order to apply the Technology Implementation Program, IT/MIS was assigned the task to digitize the Performance Management System of SNGPL. After an in-depth analysis of process flow, Oracle Self Service Performance Management Module of ERP was decided to be adopted as a test case. The said module is duly integrated with already implemented Core HR and KPIs data was already available in it. Keeping in view the limited time, Appraisals Management was focused to digitize in this phase. ERP team, in collaboration with HR focal person, worked round the clock to cater to as many requirements in the system as it could. For this purpose, two iterations of user acceptance testing (UAT) had been performed.

After successful iterations of UAT, special training was arranged (on Desk and in SNGTI) for Grade 6 and above Executives. Total 267 Executives (85 in Regional training in Phase-1, 137 of Head office Executives in Phase-2, and 45 of Senior Management in Phase-3) attended the training sessions conducted by HR with support of ERP team members. The team comprised of HR and IT persons visited regions to conduct training of Phase-1 while the rest were conducted at SNGTI.

This is a joint effort of IT/MIS and HR in implementing SNGPL management vision to become the most IT-enabled Company.

The writer is Senior Officer-App Development, ERP-Team Lead, at IT/MIS
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2ND WAVE OF CORONAVIRUS; EVEN DEADLIER!

Mehjabeen Since the Coronavirus outburst, our world has turned topsy-turvy in all aspects. Willy-nilly, we all have been under its spell. For a while, it seemed like we are over it, yet not really. The second wave has started to show its presence already. Pakistan has been seeing a steady rise in Coronavirus cases. The number of affected patients is increasing daily and rapidly. Now the question is ‘Will Pakistan be safer from the pandemic this time too?’

The second wave of Coronavirus is said to be more lethal as compared to the first surge in Pakistan and the rest of the world. The Pakistan Medical Association (PMA) has already warned against the deadly second wave and advised people to follow the SOPs strictly. This time, at the second wave, we must be more and more careful about all the safety measures advised by the doctors and the experts.

The pandemic is still uncontrolled while, apparently, people are showing very little consideration in this regard. They are fearlessly visiting markets and attending public gatherings without observing devised SOP’s i.e. wearing masks, shaking hands, and hugging. The public seems unwilling to pay attention to appeals for caution, physical distancing, and preventive measures. The number of Coronavirus cases has started climbing with the arrival of winter, and the number of nationwide deaths is on the rise, once again. Keeping all that in mind, the educational institutes have been closed again, temporarily. In view of the spike in cases, business timings across the country have been also revised.

In Pakistan, winter is usually a wedding season, and in spite of the governmental ban on large-scale weddings and other gatherings, it is advised to strictly follow SoP’s and open hall weddings are being observed. Dine-in at restaurants is prohibited for the time being, take-away and open-area sitting is allowed to limited part of restaurants to maintain social distancing, otherwise, the crowd will make the virus transmission easier via such large gatherings; at home or in public.
It can be observed that most Pakistanis were afraid of the first Coronavirus wave. Yet now, somehow, people’s misconception is that they have achieved some kind of herd immunity, which, of course, is not the case. They are doing things as if the virus doesn’t exist. The strict restrictions to curb the spread of the disease are helplessly becoming inevitable.

The treatment options for Covid-19 are the same as they were a few weeks after the pandemic. By far, precautionary and preventive measures are the only options people have in Pakistan, as they do elsewhere in the world. There are no 100-percent effective antiviral drugs available so far for the treatment of Coronavirus infection. All people have is to follow Standard Operating Procedures (SOPs) they know already.

People are advised to take the threat seriously and continue practicing preventive measures. The viral infection proved to be extremely lethal for people suffering from heart disease, hypertension, diabetes and other non-communicable diseases because of the fact that the novel Coronavirus affects everyone in different ways.

Now, it has become obligatory to strictly implement the SOPs to bear any further loss than we already have. The government is also taking measures at different levels and implementing smart lockdown in those areas which have been badly hit by the virus and where it is more rampant. Furthermore, district administrations are advised to impose fines on wedding halls, restaurants, and other crowded areas. The number of cases is on the rise, mortality is also on the rise but whether this would lead towards a peak similar to the first wave in Pakistan or not, it is unknown yet.

We have to understand the fact that adopting all possible safety measures is for our own good as well as for our loved ones, specially kids and senior citizens at home. We should feel the responsibility that it is our duty, as a responsible citizen of Pakistan.

The writer can be reached at mehjabeen.gull@sngpl.com.pk

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Stay Alert, Stay Safe!

The Coronavirus is hidden in human body behind the Paranasal sinus of nose for 3 to 4 days. After that the virus hidden behind the Paranasal sinus reaches to lungs, consequently creating trouble in breathing process. The hot water we drink does not reach there but steam does. Though, drinking hot water is good for throat. But it is important to take steam, which reaches the back of your paranasal sinus. It kills the virus in the nose before it reaches to our lungs.

Paranasal sinuses are named after the bones that contain them: frontal (the lower forehead), maxillary (located under the eyes), ethmoid (between the eyes, beside the upper nose), and sphenoid (behind the eyes and nose). The paranasal sinuses open into the nasal cavity (space inside the nose) and are lined with cells that make mucus to keep the nose from drying out during breathing.

At 50°C, this virus becomes disabled i.e. paralyzed. At 60°C, it becomes so weak that any human immune system can fight against it. At 70°C, it dies completely. This is what steam does to Coronavirus. One who stays at home should take steam once a day. If one goes to the market etc, take it twice a day. Anyone who meets people or attends office should take steam thrice a day.

Steam week

According to doctors, Covid -19 can be killed by inhaling steam from the nose, thus eliminating the Coronavirus. If all the people started a steam drive campaign for a week, the pandemic will soon end. So here is a suggestion:

• Start the to inhale the steam for a week for at least 8 days in the morning and evening, for just 5 minutes each time. If we can adopt this practice for a week, the deadly Covid-19 will be erased.

This practice has no side effects either. So please share this information to all your relatives, friends and neighbors, so that we all can kill this Coronavirus together and live and walk freely in this beautiful world.
WATER FILTRATION PLANT
AT TOBA TEK SINGH
HSE Department
Provision of clean and safe drinking water is an initiative of SNGPL for its employees and communities where it operates. SNGPL has installed more than 35 Reverse Osmosis (RO) and filtration plants across its network for the filtered drinkable water consumption of the communities and employees.

In this regard, SNGPL has installed a Reverse Osmosis plant in Government Primary School Village 425 JB Tehsil Gojra, District Toba Tek Singh, Faisalabad, at a cost of one million rupee to provide clean drinking water to school children and adjoining villages. About 10,000 people, including school children and staff, are benefiting from this provision of filtered water. The RO plant provides 1,000 liters of water per hour.

Recently, a visit was carried out of this school which is located at main road which leads towards many connected villages and main Janiwala railway station and is located approximately 3 km from the main Toba Gojra Road. The satisfaction of the school children staff and the local community was visible and many beneficiaries expressed their gratitude to SNGPL for the provision of this facility. This facility has also relieved them of the water-borne diseases which were prevalent prior to the installation of this plant.

NATIONAL SPORT CLIMBING CHAMPIONSHIP 2020, ISLAMABAD

Rafaqat Ali A National Sport and Rock-Climbing Championship 2020, organized by Alpine Club of Pakistan (ACP), concluded at Margalla Hill and Pakistan Sports Complex Islamabad on 7th- 8th November 2020. The climbers from Punjab, Baluchistan, Islamabad, Khyber Pakhtunkhwa, AJK, Gilgit Baltistan and SNGPL Sport Climbing Team participated in the competition of different disciplines and categories. The climbers observed the standard operating procedures (SoPs) formulated for the safety of participants not only for the prevention from any injury but also from COVID-19. The special guidelines prepared by health experts were implemented at this event i.e. wearing a mask, social distancing, use of sanitizer and disinfection of personal gears was strictly followed.

The event was aimed to promote climbing in the modern generation and other healthy sports activities. The SNGPL Sports Climbing team participated in the event with full enthusiasm and spirit.

SNGPL players Yaseen Ali, Shah Jahan, Abu Zar Faiz, and Amani Jannat along with Manager Sport Climbing, Rafaqat Ali and Coach Ahmed Mujtaba Ali took part in this event.

SNGPL Climbing Team Secured 04 medals in junior and open category, Abu Zar Faiz secured Bronze Medal on Rock and Sliver medal on IFSC speed route (Junior Category). Amani Jannat secured Special medal in Rock and IFSCE speed route (Girl’s Open category). Boys open category Yaseen Ali and Shah Jahan secured 4th and 5th positions respectively.

The writer is Manager, SNGPL Sports Climbing
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WATER FILTRATION PLANT AT TOBA TEK SINGH

The writer is Manager, SNGPL Sports Climbing
Over the decades, the most powerful mass medium has been television, and now it is the internet, which has vividly shifted our access to information and the way we look at things. Yet, both of these fundamental channels of communication or information etc are largely supported by advertising.

When we look around, it feels like the world is going crazy over social media usage. Our most activities of the day are about social media. We have reached the point where we need to ask ourselves ‘is this normal?’ ‘Are we all under some spell?’ Youngsters are killing themselves for getting fame and popularity on social media. In their minds, they are connected to the world, yet in reality, they are falling for individualism without even realizing.

Social media usage is different than how it was expected. It’s easy to lose the sight of the fact that these sites actually have created some wonderful things in the world. They have reunited lost family, helped so many people to find friends, and helped to found organ donors. There were meaningful systematic changes that were happening because of these platforms; positive changes. Yet, we were naive about the flip side of that coin. Social networking sites were initiated to spread positivity among its users, to spread happiness and harmony in society. No one had thought that one ‘like’ button can change the perception of ‘beauty’ or in other words ‘acceptance’ for our youth. People cannot imagine their life without their mobiles and internet, and it won’t be wrong to say that we are now trained to feel that way. Our brains are not taught to do any other activities without our mobiles or other gadgets.

The ability of digital screens to draw our attention is not new. Internet screens offer some greater opportunities for audience participation like games, plenty of content such as written, musical, videos, or giving feedback, shopping, and so much more stuff to do. But these screens share a unique characteristic i.e. content comes and goes, but the platform through which the content is provided lives on and on.

For instance, we think that Google is a search engine just like many other search engines are available and Facebook is a place where we can see what our friends or family members are doing, without even realizing the fact that these sites are constantly competing for our attention. The business model of these platforms such as Facebook, Twitter, Instagram, YouTube, Snapchat etc, is to keep users engage on the screen for a much longer time. We think that these platforms are free yet actually they are NOT. They are paid by advertisers to show us their ads. So basically our attention, our time we spend on them is the product being sold to advertisers, because these platforms are being monetized. A blog you read on any social media is free in monetary terms. The blogger doesn’t pay a fee to an internet company; readers don’t pay a fee to the blogger. But while it’s comforting and even partially true to think that the blog is a public service provided by a blogger, the software is provided and the hosting is done by Google. Thus, the blogger working without a monetary return to drawing the reader’s attention
to Google, and readers are providing their attention to Google.

“As a classic saying goes “If you are not paying for it, you’re not the customer; you’re the product being sold.” - Andrew Lewis

We all seem so nailed in the screens of our mobile phones that it has become whole another world behind that 5inch screen. We have to understand sensibly how users are being manipulated by big social media companies by using algorithms that encourage addiction to their platforms. It also shows how platforms harvest personal data to target users with ads and have so far gone largely unregulated.

Social networks really did have an outsized impact on modern life and deserved to be taken as seriously. Once you understand how it all works, you’re going to turn off most of the notifications that willy-nilly makes you tap on the screen. To consider your time spent on screens you can set screen-time limits to control it, and most importantly, share less and less of your personal data online, be more present offline and certainly, there is no harm to even deactivate some of your accounts.

These social networking sites are made for our convenience, not to make our world go round. Advancements are good to provide a better living. Yet we have to make sure to draw the line between enjoying our life and suffocate it with extra unwanted information. Stay close to your loved ones and embrace the beauty of being alive!

The writer can be reached at mehjabeen.gull@sngpl.com.pk

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**THIRD SLAB, THREE TIMES THE GAS BILL**

**REMEMBER!**

After 3rd slab, there will be a substantial increase in bill with every subsequent slab.

Combined usage of stove, heater and geyser = Implementation of 6th slab

**Estimated bill: Rs. 21,710/- per month**

- Geyser (10 hours per day)
- Gas heater (6 hours per day)
- Single burner stove (6 hours per day)

<table>
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<th>Slab</th>
<th>Hours per day</th>
<th>Bill</th>
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<tbody>
<tr>
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<td>0.5 Hm³</td>
<td>Rs. 272</td>
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<tr>
<td>2</td>
<td>1 Hm³</td>
<td>Rs. 889</td>
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<td>4 Hm³</td>
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<td>6</td>
<td>Above 4 Hm³</td>
<td>Rs. 18,288</td>
</tr>
</tbody>
</table>

To reduce your gas bill, install Gas Saver Cone and Geyser Timer Device

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For installation of Geyser Timer Device

call 042-99204581

or email at gtd.hse@sngpl.com.pk

or sms <info> at 0332-4317776

You can also order Gas Saver Cone and Geyser Timer Device through

**/SNGPLofficial**

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*This is a忘却の庫 in the middle of the text. It's not related to anything.*
Dear Readers, we have started this new segment where you will find variety of information. We will always welcome your contribution to this segment. Send us your contributions as well as suggestions to media.affairs@sngpl.com.pk and asif.shakeel@sngpl.com.pk

Quote of the Month

"We Muslims in general and youngmen in particular don’t know the value of money. A paisa saved today is two paisa tomorrow, four paisa after that and so on and so forth. Because of our addiction to living beyond means and borrowing money we lost our sovereignty over this Sub-continent."
- Ziarat, Baluchistan (1948)

Quaid e Azam Mohammad Ali Jinnah was Muslim statesman who led Pakistan's independence from British-controlled India and was its first governor-general and president of its constituent assembly.

Plant Me

MARIGOLD

Indoor: Plant in Container
- Start with a tray or pot filled with damp soil or potting mix. Sprinkle the marigold seeds over the potting mix.
- Cover the seeds with a thin layer. Wrap the pot or tray with plastic wrap and place the tray in a warm spot. The top of the refrigerator works well.
- Typically, marigolds will take three to four days to germinate, but may take a few days longer if the location is cooler.
- Once the marigold seedlings appear, remove the plastic wrap and move the tray to a location where the seedlings will get at least five hours or more of light each day.
- As the seedlings grow, keep the potting mix damp by watering from below. This will help to prevent damping off.
- Once the seedlings have two sets of true leaves, they can be transplanted to their own pots where they can grow indoors under light.

Remember:
- If planted in the ground, thrice a week adequate water supply is good for them after blooming.
- If they are in containers, water them daily as containers will dry out quickly.
- You can greatly increase the number of blooms and the blooming time length by deadheading spent blossoms.

Tip:
- Deadheading: is the gardening term used for the removal of faded or dead flowers from plants. As plants fade out of bloom, pinch or cut off the flower stem just above the first set of full, healthy leaves.

BOUQUET

WIDOWS AND DAUGHTERS

GENDER, KINSHIP, AND POWER IN SOUTH ASIA

This book outlines the so-called 'contemporary Asian matriarchate'. In the twentieth century, six women have held the office of prime minister in South Asia. The pioneers were Sirimavo Bandaranaike of Sri Lanka and Indira Gandhi, who headed the Government of India. They were followed by Benazir Bhutto, the Prime Minister of Pakistan, Sheikh Hasina Wajed and Begum Khaleda Zia, holders of the same position in Bangladesh, and Chandrika Kumaratunga, the Sri Lankan President. This book tries to unravel the question of how these six women have managed to take power and how they have been able to exploit to their benefit the traditions of sexuality, motherhood, and kinship in South Asia.

Why countries should so long associated with patriarchy and the subordination of women is the focus for so many politically prominent females? The analysts attribute it simply to inheritance as each of these women was a widow or daughter of a slain male national leader. Women have tended to move into top position of power under the most dramatic circumstances-as a result of military coups, attempted murder, and assassination. This book will try to unravel the question of how these six women have managed to take power and how they have been able to exploit to their benefit the traditions of sexuality, motherhood, and kinship in South Asia.

Publisher: Oxford University Press; Illustrated edition (December 2019)
Author: Anna Suvorova
Translator: Daniel Dynin
Pages: 216 pages
Genre: Politics & Government
Price: 4800/-

Dictionary

Irenic
[äh-ren-īk, əh-ree-nik]
Tending to promote peace or reconciliation; peaceful or conciliatory.

Synonym:
Calm, peaceful, mild, gentle, placid.
REKH;
THE QUESTION OF PREDESTINATION

Moazzam Sheikh  Prolific Mudassar Bashir’s recent novella, Rekh, revolves around a character named Ashi, short for Ayesha, who’s on her way to becoming a medical doctor and is in love with her maternal cousin Khalid. In general, the cousins in her family are close to one another and a lot of relatives congregate during wedding ceremonies in the family.

The patriarch Hashim Ali enjoys the love and respect of his four sons and a daughter, who’s the mother of Ashi. Ashi resists her beloved Khalid’s suggestion that they let their parents know about their mutual attraction for each other because she wants to finish her MBBS without distraction. Circumstances, then, force Khalid to marry Ashi’s sister. As more tragedies pile up, Ashi appears to be the worst loser.

Although the title Rekh may suggest that the author intends to explore the concept of predestination and how it shapes our view of our lives, it is also a character study of a strong-willed person. While Bashir studies the character by situating the narrative within an educated, modern, middle-class milieu, he also does so by invoking the price of traditional values exact from a person.

Bashir tests the limits of love and sacrifice in a deceptively simple story. Ashi has a chance to marry Khalid again when her sister dies in childbirth but cannot bring herself to do so. Ashi chooses instead to remain unmarried while becoming a stand-in mother to her sister’s daughter, Saima. She also becomes a surrogate mother to a nephew, Sachal, who grows up in love with Saima, who doesn’t reciprocate his feelings and marries someone else. In the next round of tragedies, Saima’s husband and her father, Khalid, die in a car crash. That’s when the novel begins with Ashi – who has been living in the Middle East – and other cousins living overseas return to mourn together as a family. As per Ashi’s arrangement, several cousins are traveling to Lahore via train which Bashir incorporates as a metaphor for Ashi’s life. Saima is already the mother of a baby when she loses her husband. In an interesting twist, Ashi is able to convince Saima to marry Sachal, thus discouraging her niece from following the example she set a generation ago.

Mudassar Bashir has also written on local history. Reacting to the deterioration of the cultural fabric which many sensible citizens continue to lament, Bashir goes on overdrive in order to create a narrative environment that is devoid of evil. The only evil that reaches the characters is in the form of events beyond anyone’s control. Or if you want to stretch the point, then, tradition also, which is patriarchal in nature. But Bashir’s patriarchs are kind and benevolent.

The overall effect is that most characters are two-dimensional, except for Ashi, whose faults Bashir seems to be examined even if he’s not aware of it. Is Ashi stubborn? Is she prone to self-sacrifice? Her stubbornness and tendency to sacrifice catapults her to a saintly sphere. By lending a character a saintly aura, we risk taking away their human complexity. Is he saying that when patriarchy puts on a gentle mask, women still pay a high price? It seems he leaves some of those questions unanswered on purpose for the reader to chew on.

Bashir kills the patriarch in a symbolic gesture and Ashi emerges as the moral figurehead of the family. Matriarchy replaces patriarchy and Saima heeds Ashi’s advice as she acquiesces to her marriage with Sachal. I may be stretching several points here but that’s how a textual analysis of fiction should work, so we can see how the minds of our writers operate, how they react to the changes and injustices in our society and what remedies their vision may offer.

Bashir has packed a lot in a slim volume; from references to Buddhism’s link to
Pakistan’s history to the tradition of kite flying, from Mughal history to local archaeology. The prose at times is a pleasure to read. Dialogues are heartwarming. It’s also good to hear the voices of several characters. That brings us back to the title of the novella, Rekh, which refers to luck or destiny. Since the title is tied to the events in Ashi’s life, one wonders if it is primarily predestination or decisions taken by Ashi that are under scrutiny. The author remains unsure about where he stands on the issue. But I feel the novella tilts towards Ashi’s agency to make her decisions and stand by them regardless of the cost. Even if the novella insists on the male-centric, the text slides towards a feminist scale. If the novella had skirted the saint trap, it would’ve been a more complex character study. Rekh is still a book that Punjabi readers should reach out to.

Author: Mudassar Bashir
Publisher: Sullaikh Publications
Price: Rs 250
Pages: 111

The writer is a librarian and lecturer in San Francisco. This Book review has been published in ‘The News’ on November 15, 2020

SNGPL and the Editorial Team of “The Pride” are thankful to the following employees for the services they rendered. We wish all the best for their future.

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- Sajjad Anwar
  Senior Associate Engineer (Electrical)
  Distribution
  Rawalpindi (D)

Mother of Ejaz Ahmed Chaudhary, Senior General Manager (Distribution North/South), Head Office passed away on 25 November 2020.

Akbar Sohail, Ex - Senior Accountant, Head Office passed away on 17 November 2020.

Mother of Fayyaz Nadeem, Senior Engineer (Quality Assurance) passed away on 30 November 2020

Father of Muhammad Razzaq, Executive Accountant, Accounts Department, (Head Office) passed away on 19 November 2020.

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بڑھٔ راست خریداری
جائے، سہولت، سمجھداری

سپوشہ کے نظرے میں میں یہ بات ہے کہ جب ایک شخص نے ایک بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راست خریداری کی سہولت سے بڑھٔ راش
سوئی ناردن پہیز آفس میں محفل میلاد کا انعقاد

عام و جہان میں محبوب و مقبول ہیں ان میلاد میں جاتے ہیں جنھوں نے اپنے خرد کا اکثر انسان کا خطرہ میں میلاد کا لقب پھیلا ہے۔ یہ میلاد کا اکثر انسان کا معنی پھیلا ہے یعنی انسان کا ایک کمزوری کا آغاز کا میلاد ہے۔

اس میلاد میں عام و جہان میں محبوب و مقبول ہیں۔ اس میلاد کا لقب پھیلا ہے جس میں انسان کا خطرہ میں میلاد کا لقب پھیلا ہے۔

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پیام ایمڈی

"بہت بہت دعوت ہوگئی، کہ کوئی افغانستان کی ہدایت کی سمجھ نہیں۔ ہمارے ساتھ ہر کربن کی بھی خوشی نہیں۔"
اداري نيوت
گیس کے زیادہ بلے سے بہت پریشان
تو گیس زرس کی سرور پر دین دھیان

- زئر گاز کے نئے شیش اور قپسٹی کی سرور کر اور پیمانے کے معاہدوں کو ہران
- گیس کے تئیز پدپا ہو کر سیکیوریٹی کے سامنے پاپ اہم کرے
- کانٹرل پن سے اٹھا ہوئے کیس کے تیز پچس پر دین دھیان

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محفل میلاوے